

BELONG. GROW. SHINE  
**THIS WEEK AT CSM**

*December 8<sup>th</sup> to 12<sup>th</sup>*

**MON  
8**

Reverse Advent Calendar: Spaghetti or  
Spaghetti Sauce

CSM School Council Meeting 6:00 to 7:30  
School Library

**TUES  
9**

Reverse Advent Calendar: Crackers

Kindergarten Family Play Day -  
10:30 to 12:00

**1M Family Cookie Decorating**

**WED  
10**

Reverse Advent Calendar: Cereal

Weekly Wellness Break - 2:20 to 3:00

**TH  
11**

Reverse Advent Calendar: Ramen Noodles

Weekly Gospel Time - 8:50 to 9:20

**CSM Christmas Activity Night - 6:00 to 7:30**

**FR  
12**

Reverse Advent Calendar: Soup Packages

**STEAM and DREAM - CLUB WEEK #2**

## CSM Update for Families - December 8 to 12

### Responsorial Psalm – Psalm 72:1–2, 7–8, 12–13, 17

*“Justice shall flourish in his time, and fullness of peace for ever.”*

### Family Reflection

As we enter the second week of Advent — the week of **Peace** — we reflect on how peace grows through kindness, connection, and community. This past week at CSM was filled with joy as our students and staff explored and created together through **STEAM & DREAM clubs**, reminding us of the beauty of learning side by side.

In the days ahead, we are blessed to welcome families into our school for **school council, Family Play Day, Cookie Decorating, Family Photo Night, and our Christmas Activity Night**. These moments of gathering help build the warm, caring community that makes our school a place of belonging for children and families alike.

May this week of peace bring calm to busy hearts and gentle joy to your family as we prepare together for the coming of Christ.

### Prayer

God of Peace,

Bless our families with calm, togetherness, and joy this Advent season. May Your peace fill our homes and guide our words and actions as we walk together on this journey of faith. Amen.

### CSM Important Dates 2025/26 (for Families)

#### Weekly Events

Wednesday Wellness Break - Every Wednesday 2:20 pm to 3:00 pm

Thursday Gospel Time - Every Thursday 8:50 am to 9:20 am

Friday STEAM and DREAM - Every Friday 9:15 am to 10:55 am

#### Monthly Events

Mass - Last Thursday of every month - 9:00 am

Colour Team Activity - Last Friday of every month - 9:15 am

Grow and Glow Assembly - Last Friday of every month - 9:45 am

### December

Monday December 8 - School Council Meeting - 6:00 pm

Thursday December 11 - Family Christmas Activity Night - 6:00 to 7:30

Friday December 12 - STEAM and DREAM - Clubs Week 2

Monday December 15 - Christmas Movie Day (afternoon) - Pajama Day #1

Wednesday December 17 - Christmas Mass with SPFA - 9:00 am

Wednesday December 17 - SPFA to visit CSM

Thursday December 18 - Christmas Dress Up Day

Thursday December 18 - Christmas Turkey Dinner (Lunch)

Thursday December 18 - Christmas Bingo (pm)

Friday December 19 - NO STEAM and DREAM

Friday December 19 - December Glow and Grow Recognition Assembly

Friday December 19 - Pajama Day #2

**Friday December 19 - Last Day of School before Christmas Break**

### January

**Monday January 5 - First Day Back to School**

Monday January 5 - School Council Meeting - 6:00 pm

Friday January 9 - STEAM and DREAM - Inventors and Innovators (3 weeks)



## Reverse Advent Calendar



Advent calendars are used in our society leading up to Christmas. They have become commercialized, often promoting a product that has nothing to do with preparing our hearts for the coming of Christ. The grade 5W students would like to invite the students of Children of St. Martha to participate in a reverse Advent calendar leading up to the Christmas season. Each day, starting on Wednesday, November 19, we invite you to bring in the indicated food item on the list below. The items we collect from Nov. 19-27 are needed to contribute to Catholic

Central High School's Santa's Anonymous program. The remainder will be blessed and donated to the Lethbridge Interfaith Food Bank. Anything that is meant to be donated over the weekend can be brought in on the Friday before or the Monday after. Our Catholic Social Teaching instructs us to uphold the dignity of our neighbours, honour the principle of the preferential option for the poor, strengthen the common good, and walk in solidarity with those in need. We are Christ to others when we serve our neighbours.

Please only participate as your family is able. Together we can bring the love and joy of Christ to many families in our community this Christmas season. Thank you for your support.

*"Which of these three, do you think, proved neighbour to the man who fell among the robbers?" He said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise." Luke 10:36-37*

|                        |                       |
|------------------------|-----------------------|
| Wednesday, November 19 | Dish soap             |
| Thursday, November 20  | Pancake mix           |
| Friday, November 21    | Pancake syrup         |
| Saturday, November 22  | Ketchup               |
| Sunday, November 23    | Peanut Butter         |
| Monday, November 24    | Jar of jam            |
| Tuesday, November 25   | Rice                  |
| Wednesday, November 26 | Instant coffee        |
| Thursday, November 27  | Tea                   |
| Friday, November 28    | Canned tuna           |
| Saturday, November 29  | Canned stew           |
| Sunday, November 30    | Canned meat           |
| Monday, December 1     | Canned beans          |
| Tuesday, December 2    | Canned corn           |
| Wednesday, December 3  | Canned fruit          |
| Thursday, December 4   | Canned soup           |
| Friday, December 5     | 1 L unsweetened juice |
| Saturday, December 6   | Jars of baby food     |
| Sunday, December 7     | Spaghetti sauce       |
| Monday, December 8     | Package of spaghetti  |
| Tuesday, December 9    | Box of crackers       |
| Wednesday, December 10 | Box of cereal         |
| Thursday, December 11  | Ramen noodles         |
| Friday, December 12    | Soup packages         |

Please help us with our annual food drive. This year all donations will support CCHs Santa's Anonymous Program and the Lethbridge Food Bank. You are invited to participate in the reverse Advent calendar - but all donations are welcome.

## Family Photos / Spring School Photos

- We have rebooked Family Photo Night with Mountain West
- Wednesday December 10th - 4:00 pm to 7:00 pm (10 spots min - will open more spots if needed). Please share this with your families.
- <https://mountainweststudios.as.me/?appointmentType=86102435>

### Family Photo Night is coming soon!

EACH FAMILY RECEIVES 1 **FREE** 8X10 PHOTO OF THEIR CHOICE!

- An affordable and convenient option for family portraits.
- Great for Mother's Day, Father's Day and holiday gift-giving!
- Sitting fee is \$30. 100% of the fee is donated back to your school!
- Convenient weekend and evening portrait sessions
- 10 minute sitting includes 10-15 online proofs with the option to order additional photos.

Have questions? Email us at [help@mountainwest.ca](mailto:help@mountainwest.ca)

Sign up today!





# CSM CHRISTMAS ACTIVITY NIGHT

DECEMBER 11th  
6:00 to 7:30 pm

SAVE THE DATE  
More information will be  
available soon. All CSM  
Families are welcome.





# Christmas Volunteers Needed

- December 10<sup>th</sup> - 1 or 2 volunteers to help with Family Portrait Night - Greet Parents - support photographer etc. (3:30 to 7:00)
- December 15<sup>th</sup> - School Wide Christmas Movie. Support with supervision in the gym, distributing snacks, clean up etc. (12:30 to 3:00)
- December 18<sup>th</sup> - Turkey Dinner - support with set up, serving dinner and clean up (10:00 to 1:00)

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## RSVP

**403-381-8110**

Call our office and let us know which event you are interested in supporting and time you are available. We will then send you more details.