






CSM Update for Families - March 23 to 27

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 School council meeting 6pm in the library 4pm Girls BB home game vs ESM	3 1:00pm oH walking to Swim at Nicolas Sheran 4pm Boys Basketball game CSM@ FLVT	4 9am 2:35P & 6H going to Mass Weekly wellness break: 2:20-3:00 2:15 Drumming Group Girl's BB practice 4-5pm	5 Weekly Gospel 8:50-9:20 Conformation Retreat 9:00am to 3:00pm	6 Steam & Dream Friday 12 to 5pm Boy's & Girls Basketball Jamboree 11:45CSM Staff Meeting	7
8 Turn your clock ahead 	9	10 10:30 am Kindergarten Family Play Day	11 9:4m 3S&1W Going to Mass 2:15 Drumming group 1pm Clergy Visit classroom Weekly wellness break: 2:20-3:00	12 1M am time 1W pm Pet Presentation in their rooms 9:15 Gr6 & 4/SF Lenten Liturgy	13 Spiritual Development Day No school for students 	14
15	16 All grade 5's going to C.A.S.1 12:30-3:00pm	17 Dress Green Today St. Patrick's Day 	18 Weekly wellness break: 2:20-3:00 9:00am 4S, 1M going to Mass Drumming group 2:15pm	19 Weekly Gospel 8:50-9:20 12:45pm 2:35P Scientists School	20 Steam & Dream Friday	21
22	23 Spring picture day 	24 9:00am Stations of the Cross	25 Weekly wellness break: 2:20-3:00 Division Board Meeting	26 9:00am Whole school Mass Art Showcase 5-8pm Celebration Of Learning	27 Steam & Dream Friday Color Team dress up day 9:45 Grow & Glow Assembly CSM Staff Meeting	28
29 Palm Sunday 	30	31	April 1 Weekly wellness break: 2:20-3:00	April 2 Weekly Gospel 8:50-9:20 Kindergarten Family Play Day 	April 3 No school 	



BELONG. GROW. SHINE.



Loving God, thank you for the gift of our school community. As we continue through Lent, help us to grow in kindness, patience, and love.

Bless our students, families, and staff. Help us to support one another and to see your presence in our daily lives. As we prepare for Palm Sunday, guide us to follow Jesus with open hearts.

May our homes and our school be places of peace, joy, and belonging.

Amen.

As we continue through the season of Lent, we are drawing closer to Palm Sunday — the beginning of Holy Week. This week's Psalm (Psalm 22) reminds us that even in difficult or uncertain moments, God is always with us. It is a prayer of trust — a reminder that we are never alone.

Last week at Children of St. Martha School was filled with many meaningful opportunities for connection, learning, and community. Students continued to participate in programs such as **Game On, Go Girls**, and the **Autism Café**, each supporting student well-being and belonging in different ways.

On Thursday, we were grateful to host a **Blackfoot Language Night** — a special opportunity to gather with community members and Elders, to listen, learn, and grow in understanding together. We are thankful for these moments that strengthen our connections and honour the rich cultures within our community.

Students also completed their **Culture Club STEAM and DREAM projects**, showcasing creativity, collaboration, and curiosity. We were excited to see the start of **Spring Run Club**, encouraging students to be active and build healthy habits as we move into the spring season.

Looking ahead, we are excited for a week filled with celebration. Students will participate in **School Photos**, and we look forward to welcoming families into the school for our **Celebration of Learning and Art Showcase** — a wonderful opportunity to see and celebrate the growth, creativity, and hard work of our students.

As we approach Palm Sunday, we are reminded of the importance of walking with Jesus not only in moments of celebration, but also in kindness, compassion, and care for others. At CSM, we continue to focus on creating a community where all children belong, grow, and shine.

CSM Update for Families - March 23 to 27

CSM Weekly Events

Weekly Events

Wednesday Wellness Break - Every Wednesday 2:20 pm to 3:00 pm
Thursday Gospel Time - Every Thursday 8:50 am to 9:20 am
Friday STEAM and DREAM - Every Friday 9:15 am to 10:55 am

Monthly Events

Mass - Last Thursday of every month - 9:00 am
Colour Team Activity - Last Friday of every month - 9:15 am
Grow and Glow Assembly - Last Friday of every month - 9:45 am

March

- Monday March 23 - Spring School Photos
- Monday March 23 - HS Virtual Budget Town Hall - 5:00 PM
- Monday March 23 - CSM School Council - 6:00 PM
- Thursday March 26 - Monthly School Wide Mass 9:00 am
- Thursday March 26 - Celebration of Learning and Art Showcase
- Friday March 27 - March Glow and Grow Recognition Assembly
- Friday March 27 - Colour Team Dress Up Day
- Sunday March 29 - Palm Sunday
- Thursday April 2 - Holy Thursday
- Thursday April 2 - Last Day of School for Students before Easter Break Friday
April 3 - Good Friday
- Monday April 13 - First Day of School for Students after Easter Break

BELONG. GROW. SHINE

THIS WEEK AT CSM

March 23rd to 27th, 2026

**MON
23**

- **SPRING PHOTO DAY (ALL GRADES - INDIVIDUAL AND CLASS PICTURES)**
- **GAME ON**
- **VIRTUAL BUDGET TOWN HALL - 5 PM**
- **CSM SCHOOL COUNCIL - 6 PM**

**TUES
24**

- **AUTISM SOCIETY PARENT CAFE - 9:00 AM AT ESM**

**WED
25**

- **WELLNESS BREAK - 2:20 TO 3:00PM**
- **RUN CLUB 4:00 TO 4:45**
- **AUTISM SOCIETY PARENT CAFE - 6 PM TO 8 PM AT CSM**
- **KINDERGARTEN REPORT CARDS**

**TH
26**

- **WHOLE SCHOOL MASS**
- **CSM ART SHOWCASE 6 PM TO 8 PM**
- **CSM CELEBRATION OF LEARNING 6 PM TO 8 PM**

**FR
27**

- **GROW AND GLOW RECOGNITION ASSEMBLY**
- **COLOUR TEAM DRESS UP DAY**
- **COLOUR TEAM ACTIVITY**

Information and Updates

- **Celebration of Learning:** Classrooms from 1 to 6 will welcome 4 families at a time for 20 minute slots. Stations will be set up for students to share their learning with their families.
- **Art Showcase:** During Celebration of Learning our Art Showcase will be set up in the gym. Displaying art work from all CSM students.
- **Budget Town Halls**

Townhall for Future Budget Conversations - The purpose of the town hall is for parents/guardians to discuss future budget allocations in an open forum where school leadership shares financial realities, priorities, and projected needs, while inviting questions and feedback from families. It allows parents/guardians to better understand funding constraints and trade-offs, helping shape strategic priorities for Holy Spirits Catholic School Division's future. All HS parents and guardians are invited to attend one of these three sessions.

Monday March 23 @ 5 pm Virtually.

Autism & Us

A Parent Connection Group

Hosted By :
CHINOOK AUTISM SOCIETY &
Family First Facilitators from Holy Spirit School Division

SESSIONS OFFERED:

- Session 1: Autism & Neurodivergence Basics
- Session 2: Sensory Systems & Behaviour
- Session 3: ISP Support & School Resources
- Session 4: Q & A Night

SESSIONS AND DATES

Ecole St Mary
9-11 AM
MARCH 10, 17, 24, 31

Children of St Martha
6-8 PM
MARCH 11, 18, 25,
APRIL 1st

TO REGISTER, CONTACT:

Tanya Koopmans
Family First Facilitator
koopmans@holyspirit.ab.ca
403-634-2712

Our volunteer Board is made up of parents, caregivers, and community members who are deeply connected to and passionate about autism and neurodiversity. We share real-life experience, practical support, and helpful resources, and work to connect families with the care and community supports they need.

WHO ARE WE?

Information and Updates

- **Shoes**

- Please make sure that **all students have indoor and outdoor footwear at all times**. It's easy to feel when there is no snow or rain that this is not necessary - but what happens is then we are unprepared for wet weather but also in dry weather - grass, rocks and dirt get brought in and spread throughout the school - the time it takes to clear these extra messes takes away time from other tasks being accomplished.

- **Morning Routine**

- Students who wish to join us for breakfast may come into the school starting at 8:15. Breakfast is not grab and go and students will be expected to sit a table to eat.
- Any students not coming in for breakfast should go directly to the playground via the north side of the school.
- Students attending Boys and Girls Club or th It's a Blast Program should enter through the south doors.
- If you do not want your student to attend breakfast or play outside then please plan your arrival

- **Parking Lot and Bus Loop**

- There are moments of the day when are parking lot is becoming very full. Please follow the following requests:
 - Always park in the parking lot. Do not drop off in driving lanes.
 - Do not park in the Accessible Parking Spots.
 - If you are dropping off and do not want to park - please use the loop on McMaster Blvd.
 - There is also parking available on Columbia Blvd and at St. Martha Parish.

- **Winter Weather**

- Indoor recess will be determined with a combination of temperature, wind and judgement. We will use -20 celsius as our guideline - however we will use our judgement if weather seems extreme. We will also do our best to avoid having students inside for the entire day and students can expect to have outside recess at least once during the day. In the new year we will be sending home permission forms for properly dressed children to go out for short periods of time when temperatures drop below -20. Please pay attention for a permission slip for CSM FROST FIGHTERS.
- Please ensure that all students are prepared for outdoor play and learning at all times. Proper winter jackets, snow pants, tuques or ear covering, mittens or gloves, scarf or face covering and boots - waterproof mittens and gloves will increase warmth and enjoyment of the snow.

Information and Updates

- **Food**

- Our school is truly blessed to receive both food and funding that allow us to provide a universal (for everyone) breakfast, snacks, and limited (for those in need) lunches for students. We are grateful for this support and want to work closely with families to ensure these resources are used wisely and reach students who need them most.
- We also don't want your home packed lunches to go to waste. Staff always encourage students to eat the food brought from home first. You can support this by reminding your child that the lunches packed from home are prepared with care and effort, and that it is their responsibility to eat this food before accessing additional items.
- While breakfast and snacks are often plentiful, the number of full lunches we receive is limited. Students are sometimes most interested in the drinks or snack items that come with these lunches; however, these items need to be reserved for students who require an entire meal.
- If a student has a lunch but no drink, they are encouraged to use their water bottle or the water fountain. If a student has finished their food and is still hungry, they are always welcome to check in with staff for additional food or snacks.
- Thank you for partnering with us to reduce food waste, model responsibility, and ensure that all students are cared for. We appreciate your support and ongoing conversations at home.



Mission | Vision | Motto

Rooted in faith and guided by love, The Children of St. Martha School celebrates each child. We honour connection, foster growth, and inspire every learner to be kind, courageous, and full of hope.

Our vision is to be a community where faith, learning, and connection guide every child to reach their full potential — growing together in strength, identity, and compassion.

Belong. Grow. Shine.