

# CSM Update for Families - February 9th to 13th



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Groundhog Day  School council Meeting 6pm in library	3 Gr4/5&5W Helen Schuler 12:30-3:00pm 6H walking to Nicholas Sheran to swim 1:30pm 4pm Boys BBgame CSM@STC	4 2/3 Sp going to Mass @9:00am  Gr4/5 Destination Exploration in class learning Girls Basketball Game at St Paul	5 Weekly Gospel 8:50-9:20 4-5pm Boys Basketball Game CSM@ SPFA	6 Wear RED for Team Canada Steam & Dream Friday Early Dismissal 11:30am Staff meeting 11:40	7
8	9 10:30 2C in class learning With Destination Exploration Girls BB Game at OLA	10 Boys Basketball Game here at school OLA@ CSM	11 9:00am 5W&2C going to Mass 10:30 Kindergarten family play day Girls BB Game Here vs. FLVT	12 9:15 am 6H doing Liturgy 4-5pm Boys Basketball Game SP@ CSM	13 Steam & Dream Friday RED,WHITE&PINK Dress up Day CSM Take What You Need Day 	14
15	16 Family Day No school 	17 No school for students 	18 No school for students ASH WEDNESDAY First Day of Lent 	19 Teacher convention no school for all students	20 Teacher Convention no school for all students	21
22	23 Girls Home Game vs. SPFA 4pm	24 4-5pm Boys Basketball practice	25 Pink Shirt Day 4pm Girls BBgame @StC Division Board meeting	26 Whole school going to Mass @9:00 4pm Boys Basketball game ESM @CSM	27 Color team day Dress in your team color 9:45 Grow and Glow assembly	28



**BELONG. GROW. SHINE.**

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## CSM Weekly Events

### Weekly Events

Wednesday Wellness Break - Every Wednesday 2:20 pm to 3:00 pm  
Thursday Gospel Time - Every Thursday 8:50 am to 9:20 am  
Friday STEAM and DREAM - Every Friday 9:15 am to 10:55 am

### Monthly Events

Mass - Last Thursday of every month - 9:00 am  
Colour Team Activity - Last Friday of every month - 9:15 am  
Grow and Glow Assembly - Last Friday of every month - 9:45 am

## February

- Friday February 13 - Take What You Need Day
- Friday February 13 - Red/White/Pink Day
- **Monday February 16 - Family Day - No School for Students**
- **Tuesday February 17 - HS Non Operational Day - No School for Students**
- **Wednesday February 18 - HS Non Operational Day - No School for Students**
- Wednesday February 18 - Ash Wednesday
- **Thursday February 19 - Teacher Convention - No School for Students**
- Friday**
- **February 20 - Teacher Convention - No School for Students** Thursday
- February 26 - Monthly School Wide Mass 9:00 am
- Friday February 28 - February Glow and Grow Recognition Assembly
- Friday February 28 - Colour Team Dress Up Day

## Grade 5:6 BB Girls Mon/Wed, Boys Tu/Th

BELONG. GROW. SHINE

## THIS WEEK AT CSM

*February 9th to 13th, 2026*

**MON  
9**

- GIRLS BB GAME - 4:15 PM @ OLA
- GAME ON - 2:00 PM
- 2C DESTINATIN EXPLORATION (IN CLASS)

**TUES  
10**

- BOYS BB GAME OLA @ CSM - 4:15 PM
- GO GIRLS - 2:00 PM

**WED  
11**

- WELLNESS BREAK - 2:20 TO 3:00PM
- 9:00 AM MASS - 5W, 2C
- KINDERGARTEN FAMILY PLAY DAY
- GIRLS BB GAME FLVT @ CSM - 4:15 PM

**TH  
12**

- LITURGY- 6H - 9:15 AM
- BOYS BB GAME SP @ CSM - 4:15

**FR  
13**

- DISMISSAL 11:30 AM
- RED/WHITE/PINK/HEARTS DRESS UP DAY
- TAKE WHAT YOU NEED DAY

*No School February 16 to 20*

# Parent Reflection – Psalm 119



Blessed are they whose ways are blameless, who walk according to the law of the LORD.

- Psalm 119:1 -

God of wisdom and love,

Thank you for the gift of our children and our school community.

Guide us as we learn, grow, and walk together in faith.

Give us open hearts, listening ears, and the courage to love well.

Bless our families, our students, and all who care for them.

Amen.

**“Blessed are they who follow the law of the Lord.” (Psalm 119)**

This week's psalm reminds us that blessing comes through **walking together in faith**, seeking understanding, and learning day by day. It is a beautiful reflection of the journey we share as families, educators, and students—growing not by having all the answers, but by being open to learning and guidance.

We are so proud of our **basketball teams**, who played their first games last week. Their effort, teamwork, and sportsmanship reflect the support of dedicated coaches and families who encourage growth both on and off the court. Our **School Council** met on Monday, continuing important conversations that support rich learning experiences for students. We are excited about upcoming **field trips and in-class presentations**, which allow students to learn in meaningful, hands-on ways beyond the classroom walls.

Programs such as **Game On, Go Girls, and Big Brothers Big Sisters mentorship** continue to play a key role in supporting student well-being. These opportunities help students build confidence, resilience, and strong connections—skills that matter for life. Many classes are continuing to participate in **weekly Mass**, giving students time to gather in prayer, reflect, and grow in faith together. Thank you as well to families who completed the **first of two community surveys**—your feedback helps guide our shared work and strengthens our school community.

This week also included moments of celebration and identity: students and staff wore **red and white** to mark the start of the Olympic Games, and we launched **STEAM & DREAM with a focus on Culture**, inviting students to explore stories, traditions, and what it means to belong.

Thank you for the trust you place in our school and for the many ways you support your children and our community each day.

## Information and Updates

- **Shoes**

- **Shoes**
  - Please make sure that **all students have indoor and outdoor footwear at all times**. It's easy to feel when there is no snow or rain that this is not necessary - but what happens is then we are unprepared for wet weather but also in dry weather - grass, rocks and dirt get brought in and spread throughout the school - the time it takes to clear these extra messes takes away time from other tasks being accomplished.

- **Morning Routine**

- **Morning Routine**
  - Students who wish to join us for breakfast may come into the school starting at 8:15. Breakfast is not grab and go and students will be expected to sit a table to eat.
  - Any students not coming in for breakfast should go directly to the playground via the north side of the school.
  - Students attending Boys and Girls Club or the It's a Blast Program should enter through the south doors.
  - If you do not want your student to attend breakfast or play outside then please plan your arrival

- **Parking Lot and Bus Loop**

- **Parking Lot and Bus Loop**
  - There are moments of the day when the parking lot is becoming very full. Please follow the following requests:
    - Always park in the parking lot. Do not drop off in driving lanes.
    - Do not park in the Accessible Parking Spots.
    - If you are dropping off and do not want to park - please use the loop on McMaster Blvd.
    - There is also parking available on Columbia Blvd and at St. Martha Parish.

- **Winter Weather**

- **Winter Weather**
  - Indoor recess will be determined with a combination of temperature, wind and judgement. We will use -20 celsius as our guideline - however we will use our judgement if weather seems extreme. We will also do our best to avoid having students inside for the entire day and students can expect to have outside recess at least once during the day. In the new year we will be sending home permission forms for properly dressed children to go out for short periods of time when temperatures drop below -20. Please pay attention for a permission slip for CSM FROST FIGHTERS.
  - Please ensure that all students are prepared for outdoor play and learning at all times. Proper winter jackets, snow pants, tuques or ear covering, mittens or gloves, scarf or face covering and boots - waterproof mittens and gloves will increase warmth and enjoyment of the snow.

## Information and Updates

- **Food**

- Our school is truly blessed to receive both food and funding that allow us to provide a universal (for everyone) breakfast, snacks, and limited (for those in need) lunches for students. We are grateful for this support and want to work closely with families to ensure these resources are used wisely and reach students who need them most.
- We also don't want your home packed lunches to go to waste. Staff always encourage students to eat the food brought from home first. You can support this by reminding your child that the lunches packed from home are prepared with care and effort, and that it is their responsibility to eat this food before accessing additional items.
- While breakfast and snacks are often plentiful, the number of full lunches we receive is limited. Students are sometimes most interested in the drinks or snack items that come with these lunches; however, these items need to be reserved for students who require an entire meal.
- If a student has a lunch but no drink, they are encouraged to use their water bottle or the water fountain. If a student has finished their food and is still hungry, they are always welcome to check in with staff for additional food or snacks.
- Thank you for partnering with us to reduce food waste, model responsibility, and ensure that all students are cared for. We appreciate your support and ongoing conversations at home.

## 2026–2027 Registration

### February 9

- Registration opens for **new families** not currently enrolled in Holy Spirit Catholic Schools opens today.
- Registration is now open to all families to register and re-register.
- Please register or re-register as soon as possible to help us with planning for the 2026/27 school year.
- If you know any families not currently attending CSM who are interested in learning more about our school please encourage them to call our school office and book an appointment to chat with Janet or Jason and tour our school

## CSM Girls BB Games

Wed Feb 4 - CSM plays at St.Pauls

- 1212 - 12th Avenue North

Mon Feb 9 - CSM plays at OLA

- 2219 - 14th Avenue South

Wed Feb 11 - FLVT plays at CSM

Mon Feb 23 - SPFA plays at CSM

Wed Feb 25 - CSM plays at STC

- 235 Mildred Dobbs Boulevard North

Mon March 2 - ESM plays at CSM

Friday March 6 - Jamboree (Time and Location TBA)

## CSM Boys BB Games

Tues Feb 3 - CSM play at STC

- 235 Mildred Dobbs Boulevard North

Thurs Feb 5 - CSM plays at SPFA

- 80 Rivergreen Road West

Tues Feb 10 - OLA plays at CSM

Thurs Feb 12 - SP plays at CSM

Thurs Feb 26 - ESM plays at CSM

Tues March 3 - CSM plays at FLVT

- 25 Stoney Crescent West

Friday March 6 - Jamboree (Time and Location TBA)

### **All students and families are welcome to watch home games:**

- Students must be with an adult family member.
- Permission to stay is arranged beforehand. No after school phone calls to make arrangements.
- Hallways will remain closed after school.
- Students remain seated in the gym.
- Students cheer and support both teams playing appropriately.
- No food and drink in the gym.
- Must be picked up at the end of the game by 5:15.

### **AWAY GAMES:**

- Athletes arrange their own transportation to all away games (address above) - start time is always 4:15.
- Arrangements should be made ahead of time to avoid panic and mid day phone calls on game day.
- Please let your coach know ahead of time if you will not make be able to go to a game so they can invite other players.



## **Mission | Vision | Motto**

*Rooted in faith and guided by love, The Children of St. Martha School celebrates each child. We honour connection, foster growth, and inspire every learner to be kind, courageous, and full of hope.*

*Our vision is to be a community where faith, learning, and connection guide every child to reach their full potential — growing together in strength, identity, and compassion.*

**Belong. Grow. Shine.**