

CSM Update for Families - March 30 to April 3



APRIL 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Palm Sunday</i>	30	31	1 <i>Weekly wellness break 2:20-3:00</i> <i>4pm Spring Run Club</i> <i>Autism Society Parent Café 5:30-8:30pm</i>	2 <i>Kindergarten Play Day</i> 9:15 <i>Holy Thursday Liturgy</i> <i>Last day before Easter break</i>	3 <i>No School</i> 	4
5 <i>Easter Sunday</i>	6 <i>Easter Holidays Begin</i>	7 <i>Easter Holidays</i>	8 <i>Easter Holidays</i>	9 <i>Easter Holidays</i>	10 <i>Easter Holidays</i>	11 <i>Easter Holidays</i>
12 <i>Last Day of Easter Holidays</i>	13 <i>First Day Back</i> <i>School Council Meeting in library 6pm</i> <i>2week bottle drive for school wide activities</i>	14 <i>4/5 swimming @ Nicholas Sheran 12:45-3:00pm</i>	15 <i>Student Faith Retreat</i> <i>Weekly wellness break 2:20-3:00</i> <i>4pm Spring Run Club</i>	16 9:15 <i>Gospel 9:15 am</i> <i>Dental fluoride For kindergarten to grade 2</i> <i>12:45 Gr-SW Swimming @ Nicholas Sheran</i>	17 <i>Steam & Dream Friday</i> <i>11:45am Spring Run Club</i>	18
19	20 <i>Kindergarten Family Play Day</i> 2:30 gr5 scientists in school	21 <i>1pm 6H Swimming at Nicholas Sheran pool</i>	22 9am 2/3 SP & 4/5 F to Mass <i>NEON dress up DAY</i> <i>4pm Spring Run Club</i>	23 <i>Communion Retreat 9:00am -3:00 pm</i>	24 <i>Steam & Dream Friday</i> <i>Color team day</i> <i>9:45 Grow and Glow assembly</i> <i>12pm Staff Meeting</i>	25
26	27 <i>Gr3s& 2C Troyanda Ukrainian Dance show</i> <i>Leaving @ 8:50-11:35 am</i>	28 <i>12:45 4s Swimming Nicholas Sheran Pool</i>	29 <i>Weekly wellness break 2:20-3:00</i> <i>4pm Spring Run Club</i> <i>Division Board Meeting</i>	30 <i>9am whole School Mass at the church</i>	<i>May 1st</i> <i>CSM Assembly</i> <i>Team Color day</i>	



BELONG. GROW. SHINE.



*“Give thanks to the Lord, for He is good; His love endures forever...
The stone the builders rejected has become the cornerstone.”
— Psalm 118:1-2, 22-23*

As we enter **Holy Week**, we are invited into one of the most sacred times of our Church year—a journey that moves from celebration, to sacrifice, and ultimately to the hope and joy of Easter. Psalm 118 reminds us that God’s goodness and love endure through all things—even in moments that feel uncertain or difficult.

This week, we reflect on the **Stations of the Cross** and the events of **Good Friday**, where we see Jesus show love, courage, and compassion even in suffering. These moments remind us that we are never alone—God walks with us in both joyful and challenging times. They also invite us to reflect as families: *How can we show kindness? How can we support one another? How can we be people of hope?*

Last week was filled with many special moments in our school community. We were glad to have a day for **spring photos**, connect through our **School Council meeting**, and continue valuable programs such as **Game On, Go Girls**, and our **Autism Parent Café**. Our Division Two students enjoyed learning at **Aggie Days**, while our **Spring Running Club** and **Science Sizzle** kept students active and engaged in new learning after school.

A true highlight was our **CSM Art Showcase and Student-Led Celebration of Learning**. Our school was filled with creativity, colour, and joy as students proudly shared their work. It was wonderful to see families exploring classrooms, engaging in learning activities, and celebrating alongside their children. These evenings are such a meaningful reminder of the strong partnership between home and school.

As we move through this week, several programs will wrap up, including **Game On, Go Girls**, and the **Autism Parent Café**. We are deeply grateful to the many **community partners** who help support and enrich our school community.

As we look ahead to Easter Sunday, we are reminded that even after the hardest moments, there is always hope. May this Holy Week be a time for reflection, connection, and renewal for your family.

Prayer

Loving God, Walk with our families through this Holy Week.

Help us to care for one another,
to be patient in difficult moments,
and to celebrate the joy we share.

As we prepare for Easter,
fill our homes with peace, hope,
and love.

Amen.

CSM Update for Families - March 30 to April 2

CSM Weekly Events

Weekly Events

Wednesday Wellness Break - Every Wednesday 2:20 pm to 3:00 pm
Thursday Gospel Time - Every Thursday 8:50 am to 9:20 am
Friday STEAM and DREAM - Every Friday 9:15 am to 10:55 am

Monthly Events

Mass - Last Thursday of every month - 9:00 am
Colour Team Activity - Last Friday of every month - 9:15 am
Grow and Glow Assembly - Last Friday of every month - 9:45 am

April

- Thursday April 2 - Holy Thursday (Liturgy - Grade 6)
- **Thursday April 2 - Last Day of School for Students before Easter Break**
- Friday April 3 - Good Friday
- **Monday April 13 - First Day of School for Students after Easter Break**
- Monday April 13th to Friday April 24th - School Wide Bottle Drive Fundraiser
- Wednesday April 15 - School Wide Faith Retreat
- Wednesday April 22 - Neon Day
- Thursday April 23 - First Communion Retreat
- Thursday April 30 - Monthly School Wide Mass 9:00 am
- Friday May 1 - April Glow and Grow Recognition Assembly
- Friday May 1 - Colour Team Dress Up Day

BELONG. GROW. SHINE

THIS WEEK AT CSM

March 30 to April 2, 2026

**MON
30**

- 2C SOAP CARVING - IN CLASS PRESENTATION
- GAME ON

**TUES
31**

- GO GIRLS

**WED
1**

- WELLNESS BREAK - 2:20 TO 3:00PM
- RUN CLUB 4:00 TO 4:45
- SCIENCE SIZZLE
- AUTISM PARENT CAFE - 6:00 TO 8:00

**TH
2**

- HOLY THURSDAY
- LENT LITURGY 9:15
- KINDERGARTEN FAMILY PLAY DAY
- KIDS IN THE KITCHEN
- SCIENCE SIZZLE

**FR
3**

- GOOD FRIDAY
- NO SCHOOL FOR STUDENTS
- START OF EASTER BREAK - SCHOOL RESUMES APRIL 13

Autism & Us

A Parent Connection Group

Hosted By:
CHINOOK AUTISM SOCIETY &
Family First Facilitators from Holy Spirit School Division

SESSIONS OFFERED:

Session 1: Autism & Neurodivergence Basics
Session 2: Sensory Systems & Behaviour
Session 3: ISP Support & School Resources
Session 4: Q & A Night

SESSIONS AND DATES

Ecole St Mary
9-11 AM
MARCH 10, 17, 24, 31

Children of St Martha
6-8 PM
MARCH 11, 18, 25,
APRIL 1st

TO REGISTER, CONTACT:

Tanya Koopmans
Family First Facilitator
koopmanst@holyspirit.ab.ca
403-634-2712

Our volunteer Board is made up of parents, caregivers, and community members who are deeply connected to and passionate about autism and neurodiversity. We share real-life experience, practical support, and helpful resources, and work to connect families with the care and community supports they need.

WHO ARE WE?

Information and Updates

- **Easter Break** - April 3 to April 12. First day back to school is Monday April 13th.
- **School Wide Bottle Drive:** Please bring your bottle recycling to the school from April 13 to April 24 - we will have a trailer at the school to collect bottles. This fundraising will support grade six camp and school wide activities. Please support activities for our students.
- **School Fees:** As we get close to the end of year we will be monitoring school fees. If classes do not have enough fees collected to cover the cost of field trips. The field trips will be cancelled.
- School fees play an essential role in bridging the gap between the funding provided by the province and the actual cost of delivering enriching programs and activities. We strive to keep fees to a minimum by calculating expected costs and dividing them across our student population. When fees remain unpaid, it becomes challenging to offer these experiences for all students.

Total Fees for 2025/26

- **Total for Kindergarten:** $\$70.00 + \$50.00 = \$120.00$
- **Total for Grade 1:** $\$70.00 + \$50.00 = \$120.00$
- **Total for Grade 2:** $\$70.00 + \$50.00 = \$120.00$
- **Total for Grade 3:** $\$70.00 + \$80.00 = \$150.00$
- **Total for Grade 4:** $\$70.00 + \$80.00 = \$150.00$
- **Total for Grade 5:** $\$70.00 + \$80.00 = \$150.00$
- **Total for Grade 6 :** $\$70.00 + \$50.00 = \$120.00$

Information and Updates

- **Shoes**

- Please make sure that **all students have indoor and outdoor footwear at all times**. It's easy to feel when there is no snow or rain that this is not necessary - but what happens is then we are unprepared for wet weather but also in dry weather - grass, rocks and dirt get brought in and spread throughout the school - the time it takes to clear these extra messes takes away time from other tasks being accomplished.

- **Morning Routine**

- Students who wish to join us for breakfast may come into the school starting at 8:15. Breakfast is not grab and go and students will be expected to sit a table to eat.
- Any students not coming in for breakfast should go directly to the playground via the north side of the school.
- Students attending Boys and Girls Club or th It's a Blast Program should enter through the south doors.
- If you do not want your student to attend breakfast or play outside then please plan your arrival

- **Parking Lot and Bus Loop**

- There are moments of the day when are parking lot is becoming very full. Please follow the following requests:
 - Always park in the parking lot. Do not drop off in driving lanes.
 - Do not park in the Accessible Parking Spots.
 - If you are dropping off and do not want to park - please use the loop on McMaster Blvd.
 - There is also parking available on Columbia Blvd and at St. Martha Parish.

- **Winter Weather**

- Indoor recess will be determined with a combination of temperature, wind and judgement. We will use -20 celsius as our guideline - however we will use our judgement if weather seems extreme. We will also do our best to avoid having students inside for the entire day and students can expect to have outside recess at least once during the day. In the new year we will be sending home permission forms for properly dressed children to go out for short periods of time when temperatures drop below -20. Please pay attention for a permission slip for CSM FROST FIGHTERS.
- Please ensure that all students are prepared for outdoor play and learning at all times. Proper winter jackets, snow pants, tuques or ear covering, mittens or gloves, scarf or face covering and boots - waterproof mittens and gloves will increase warmth and enjoyment of the snow.

Information and Updates

- **Food**

- Our school is truly blessed to receive both food and funding that allow us to provide a universal (for everyone) breakfast, snacks, and limited (for those in need) lunches for students. We are grateful for this support and want to work closely with families to ensure these resources are used wisely and reach students who need them most.
- We also don't want your home packed lunches to go to waste. Staff always encourage students to eat the food brought from home first. You can support this by reminding your child that the lunches packed from home are prepared with care and effort, and that it is their responsibility to eat this food before accessing additional items.
- While breakfast and snacks are often plentiful, the number of full lunches we receive is limited. Students are sometimes most interested in the drinks or snack items that come with these lunches; however, these items need to be reserved for students who require an entire meal.
- If a student has a lunch but no drink, they are encouraged to use their water bottle or the water fountain. If a student has finished their food and is still hungry, they are always welcome to check in with staff for additional food or snacks.
- Thank you for partnering with us to reduce food waste, model responsibility, and ensure that all students are cared for. We appreciate your support and ongoing conversations at home.



Mission | Vision | Motto

Rooted in faith and guided by love, The Children of St. Martha School celebrates each child. We honour connection, foster growth, and inspire every learner to be kind, courageous, and full of hope.

Our vision is to be a community where faith, learning, and connection guide every child to reach their full potential — growing together in strength, identity, and compassion.

Belong. Grow. Shine.